



Internet of Things (IoT) in Healthcare

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E EDUCATION PUBLICATION RESEARCH COURSE SCHEDULE CONTACT PORTOFOLIO STUDENT PERATURAN FAMILY



Welcome to AlkautsarPENS - M. Udin Harun Al Rasyid, Ph.D:

AlKautsar means many goodness and eternal in world and afterlife, one of them is AlKautsar River in Paradise, the ultimate aim or destination of life. PENS is my institution – Electronics Engineering Polytechnic Institute of Surabaya (EEPIS, English Version)

Dosen Teknik Informatika Politeknik Elektronika Negeri Surabaya (PENS)

Management:

- Head of the Informatics Engineering Study Program Kepala Program Studi D4 Teknik Informatika (Pebruari 2020 - Now)
- · Members of the academic senate PENS Anggota Senat PENS (July 2017 Now)
- Head of Distance Learning Department Kepala Pendidikan Jarak Jauh (PJJ) (September 2017 -Pebruari 2020)
- Coordinator of Distance Learning Program Kordinator Pendidikan Jarak Jauh (PJJ) (Mei 2013 -September 2017)

- **Research Area:**
 - Wireless Sensor Network (WSN)
 - Wireless Body Area Network (WBAN)
 - Internet of Thins (IoT)
- Web Technology

Research Group/Center - Professional Membership:

- · EEPIS Wireless Sensor Network (EWSN) Research Group Lead
- . Ubiquitous Services Research Center Member
- IEEE (93503614)
- IAENG (116141)

Head of Computer Vision Laboratory (Nopember 2012 - Juli 2013)



M. Udin Harun Al Rasyid GET MY OWN PROFILE FOLLOWING Politeknik Elektronika Negeri Surabaya (PENS) Verified email at pens.ac.id - Homepage Wireless Sensor Network Wireless Body Area Network Computer Network Application Cited by Internet of Things Web Technology Citations TITLE CITED BY YEAR h-index i10-index Analysis of superframe adjustment and beacon transmission for IEEE 802.15. 4 cluster tree 25 2012 networks BH Lee, MUH AI Rasyid, HK Wu EURASIP Journal on Wireless Communications and Networking 2012 (1), 219 Wireless body area network for monitoring body temperature, heart beat and oxygen in blood 2015 20 MUH Al Rasyid, BH Lee, A Sudarsono 2015 International Seminar on Intelligent Technology and Its Applications Pollution monitoring system using gas sensor based on wireless sensor network 17 2016 MUH Al Rasyid, IU Nadhori, A Sudarsono, YT Alnovinda International Journal of Engineering and Technology Innovation 6 (1), 79 Analysis of superframe duration adjustment scheme for IEEE 802.15. 4 networks 16 2015 BH Lee, E Yundra, HK Wu, MUH Al Rasyid EURASIP Journal on Wireless Communications and Networking 2015 (1), 1-17

All Since 2015 417 415 12 12 21 21 120 90 60 30 0 2015 2016 2017 2018 2019

Co-authors

VIEW ALL

Content

- IoT in Healthcare
- Research results IoT in Healthcare from RG EWSN
- Research topic for student of Pascasarjana PENS





https://ocw.cs.pub.ro/courses/iot/courses/01

Introduction

 IoT is a system of interrelated computing devices, mechanical and digital machines, objects, animals or people that are provided with unique identifiers (UIDs) and the ability to transfer data over a network without requiring human-to-human or human-to-computer interaction.

What is the IoT

- The interconnection via the Internet of computing devices embedded in everyday objects, enabling them to send and receive data.
- IoT = Sensor + Network + Data + Services



https://ocw.cs.pub.ro/courses/iot/courses/01



Domain supported by
 IoT

• Semua aktifitas manusia terhubung dengan internet

What can loT do for healthcare?

- Remote monitoring in the healthcare sector
- Interactions with doctors have become easier and more efficient.
- Reducing the length of hospital stay.



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four-step basic architecture IoT

- Step 1: deployment of interconnected devices that includes sensors, actuators, monitors, detectors, camera systems etc.
 These devices collect the data.
- **Step 2:** aggregated and converted sensors data to the digital form for further data processing.
- **Step 3**: pre-processed data, standardized and moved to the data center or Cloud.
- **Step 4**: analyzed Final data, Advanced Analytics applied to this data, get business insights for effective decision-making.



A functional framework of a health information service model

The Internet of Things for Health Care: A Comprehensive Survey, IEEE Access, 2015

IoT World Forum Reference Model



http://cdn.iotwf.com/resources/72/IoT_Reference_Model_04_June_2014.pdf

Basic Premise

Devices

send and receive data interacting with the

Network

where the data is transmitted, normalized, and filtered using

Edge Computing

before landing in

Data storage / Databases

accessible by

Applications

which process it and provide it to people who will

Act and Collaborate

Standards based approaches are required to enable the IoT industry



http://cdn.iotwf.com/resources/72/IoT_Reference_Model_04_June_2014.pdf



Important Areas of research for healthcare systems

- Mobile and wearable sensors for data collection used for human physiological status monitoring.
- Wireless communication technologies for data transmission.
- **Open-source platforms** for support data storage, visualization, analytics, numerous features for device management, and security.

Internet of Things Architectures, Technologies, Applications, Challenges, and Future Directions for Enhanced Living Environments and Healthcare Systems: A Review, 2019.

IoT platforms and operating systems

 Numerous open-source platforms and operating systems that aim to provide support for di different systems, data confidentially, safety, fusion, and dissemination.



IoT Platform	Device Management	Security	Open-Source	Data Collection	Integration	Analytics	Visualization	Storage
SiteWhere	\checkmark	SSL, Spring Security	\checkmark	MQTT, JSON, AMQP, WebSockets	REST API	\checkmark	×	\checkmark
DeviceHive	√	JSON Web Tokens	\checkmark	REST API, MQTT	REST API, MQTT	\checkmark	\checkmark	\checkmark
Platformio	\checkmark	SSL	\checkmark	REST API, MQTT	Continuous Integration Software	×	×	×
RIOT	×	×	\checkmark	COAP, MQTT	REST API	×	×	×
ARM mbed	\checkmark	SSL/TLS, X.509 Certificate	\checkmark	REST API, MQTT	REST API	×	×	×
Ubuntu Core	\checkmark	RSA, SSH	\checkmark	MQTT, AMQP	REST API	×	×	V
IoTivity	\checkmark	DTLS/TLS	\checkmark	Message Queue	REST API	\checkmark	×	x
DSA	×	Basic Authentication	\checkmark	HTTP	REST API	\checkmark	×	\checkmark
Calvin-Base	\checkmark	×	\checkmark	REST API, HTTP	Calvin Script	\checkmark	×	×
Cylon.js	\checkmark	×	\checkmark	REST API, MQTT	REST API	×	×	×
Brillo	V	×	\checkmark	REST API	REST API	\checkmark	\checkmark	V
Contiki	\checkmark	×	\checkmark	REST API	REST API	\checkmark	×	×
Netbeast	\checkmark	TLS/SSL	\checkmark	HTTP, MQTT	REST API	\checkmark	\checkmark	V
Kaa	\checkmark	TLS/DTLS	\checkmark	MQTT, CoAP	REST API	\checkmark	\checkmark	\checkmark
ThingsBoard	√	TLS	\checkmark	MQTT, CoAP, HTTP	REST API	\checkmark	\checkmark	\checkmark

IoT platforms and operating systems comparison

Internet of Things Architectures, Technologies, Applications, Challenges, and Future Directions for Enhanced Living Environments and Healthcare Systems: A Review, 2019.

Healthcare trends

- seamless and secure connectivity across individual patients, clinics, and healthcare organizations
- chronic diseases
- early diagnosis
- real-time monitoring
- medical emergencies



The Internet of Things for Health Care: A Comprehensive Survey, IEEE Access, 2015



loT in healthcare

An IoT Equipped Hospital Model: A New Approach for E-governance Healthcare Framework, International Journal of Medical Research & Health Sciences, 2019.

IoT healthcare services and applications



The Internet of Things for Health Care: A Comprehensive Survey, IEEE Access, 2015



Internet of Things Architectures, Technologies, Applications, Challenges, and Future Directions for Enhanced Living Environments and Healthcare Systems: A Review, 2019.





IoT healthcare network (IoThNet) issues

The Internet of Things for Health Care: A Comprehensive Survey, IEEE Access, 2015



- Remote monitoring in wearables and personalized health care.
- An IoThNet topology with an intelligent healthcare gateway.

The Internet of Things for Health Care: A Comprehensive Survey, IEEE Access, 2015



Cloud computing architecture related to healthcare

A study on medical Internet of Things and Big Data in personalized healthcare system, Health Information Science and Systems, 2018.

Mobile healthcare architecture



IoT-based healthcare monitoring architecture



Big Data architecture related to healthcare



A study on medical Internet of Things and Big Data in personalized healthcare system, Health Information Science and Systems, 2018.

Architectural elements of healthcare IoT systems

Device Layer



- Vital Signs
- Sleep Monitoring
- Environmental Info
- Fall Detection and Activities

Fog Layer



- Data Preprocessing
- Local Notification
- Protocol Conversion
- Data Filtering and Mining

Cloud Layer



- Data Storage
- Data Analytics
- Decision Making
- Medical Caregivers Interface

Fog computing-based healthcare monitoring architecture



A study on medical Internet of Things and Big Data in personalized healthcare system, Health Information Science and Systems, 2018.

TABLE 1: Wireless technologies for IoT systems.

Standards	Operating Frequency	Data Rate	Range	Power Consumption	Battery Time
IEEE 802.15.4	868/915 MHz, 2.4 Gz	250 kbps	10 to 300 m	Very Low	Months-year
Wi-Fi	2.4 to 5.8 GHz	11-105 Mbps	10 to 100 m	High	Hours
Bluetooth	2.4 GHz	723 Kbps	10 m	Very Low-Low	Days-Weeks

TABLE 2: Web technologies for IoT systems.

Protocol	Transport Mechanism	Messaging Method	Resource Consumption	Successful Applications
HTTP RESTful	ТСР	Request/Response	10 Ks Flash or RAM	Smart home and grid
CoAP	UDP	Request/Response	10 Ks Flash or RAM	Used in Field Area Networks (FAN)
MQTT	ТСР	Request/Response Public/Subscriber	10 Ks Flash or RAM	Remote monitoring and controlling of devices
XMPP	ТСР	Request/Response Public/Subscriber	10 Ks Flash or RAM	Remote management of major appliances (white goods)

Wireless & Web technologies for IoT systems

Framework for E-Health Systems in IoT-Based Environments, Wireless Communications and Mobile Computing, 2018

Achieving Interoperability of High-Quality Data Acquired by IoT Medical Devices



Figure 1. Architecture of the proposed mechanism.



Figure 2. Data collection stage.

IoT in Healthcare: Achieving Interoperability of High-Quality Data Acquired by IoT Medical Devices, Sensors, 2019.



Figure 3. Data cleaning stage.



Figure 4. Data quality estimation stage.



Figure 5. Data interoperability stage.

Research results IoT in Healthcare from RG EWSN





Research http://udinharun.lecturer.pens.ac.id/#research

RESEARCH	No	Year	Title	Funding
Scientific Research and Project.	1	2019	Smart Farming: Implementasi environment Monitoring Analitics Real-time restorasi gambut pada konsesi perkebunan RIAU menggunakan Wireless Sensor Network dan teknologi IoT untuk mengidentifikasi potensi kebakaran lahan dan hutan	Penelitian Kerjasama Perguruan Tinggi (PKPT) - Dengan Polbeng, KemenristekDikti. SK: T/140/E3/RA.00/2019
	2	2018-2020	Partition LEACH Algorithm for Environmental Monitoring based on Wireless Sensor Network. (Chief).	International Research Collaboration and Scientific Publication - Penelitian Kerjasama Luar Negeri (PKLN), KemenristekDikti (76,5). SK: 0045/E3/LL/2018; Penelitian Dasar Kemenristekdikti. SK: T/140/E3/RA.00/2019;B/87/E3 /RA.00/2020
	3	2018-2020	Implementasi Teknologi Portable Ubiquitous Health (U-Health) Dengan Layanan Cloud Untuk Mendukung Smart Health Buatan Indonesia. (Chief).	Penelitian Terapan Unggulan Perguruan Tinggi (PTUPT), KemenristekDikti (120). SK: 0045/E3/LL/2018; T/140/E3 /RA.00/2019; B/87/E3/RA.00/2020
	4	2018-2019	Implementasi Vehicle as a Mobile Sensor Network terintegrasi dengan Smart Environment Monitoring and Analytics in Real-time (SEMAR) system sebagai Pemantau Permukaan Jalan dan Lingkungan untuk mendukung Smart City. (<i>Member</i>).	Penelitian Terapan Unggulan Perguruan Tinggi (PTUPT), KemenristekDikti. SK: 0045/E3/LL/2018; T/140/E3 /RA.00/2019
	5	2018-2019	Smart Fishpond Monitoring and Control System in Real Time Based on IoT With MQTT Protocol Data Transmission. (Member).	Penelitian Kerjasama Perguruan Tinggi (PKPT) - Dg Poliwangi, KemenristekDikti. SK: 0045/E3/LL/2018; T/140/E3/RA.00/2019

Foto – Foto Lab



E-Health Sensors in Lab EWSN

(libelium product)



E-Health Sensors in Lab EWSN



Design and Implementation of Hypothermia Symptoms Early Detection with Smart Jacket based on Wireless Body Area Network (IEEE Access, Agustus 2020)







% CVL	Classification
<30%	No Fatigue
30% s/d 60%	need for improvement (Fatigue Level 1)
60% s/d 80%	work in no time (Fatigue Level 2)
80% s/d 100%	urgent action is required (Fatigue Level 3)
>100%	no activity allowed



Installation of hardware on the user



		Physica	al Condition	of Volunteer	S	
User	User 1	User 2	User 3	User 4	User 5	User 6
Age(years)	29	19	28	19	32	27
BMI(Height/ Weight)	175/58	173/59	174/88	170/53	160/62	160/50
HR Rest(bpm)	66	96	74	64	81	76
HR Maks(bpm)	191	201	192	201	187	193
Note	Warming Up	Without Warming Up	Without Warming Up	Warming Up	Without Warming Up	Without Warming Up

Design and Integration of Portable Health Sensors (International Conference on Advanced Engineering and Technology (ICATECH), September 2020) (not yet published)





Sensing and processing device. the E-Health platform, Arduino Uno, NodeMCU, Arduino Nano, and Bluetooth have been combined into one



Prototype of smart E-Health device.



U-Health cloud system.





Pulse oximeter sensor graphics in the web.



GSR sensor graph in the web.

Health Monitoring and Early Diseases Detection on Dairy Cow Based on Internet of Things and Intelligent System (International Electronics Symposium (IES) 2019)









Fig. 3. Data communication diagram



Fig. 10. Installation of node on dairy cow



Fig. 7. User interface web based







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Fig. 8. Design of node

46

Medical Health Record Protection Using Ciphertext-Policy Attribute-Based Encryption and Elliptic Curve Digital Signature Algorithm (EMITTER International Journal of Engineering Technology, July 2019)



Mobile Monitoring of Toddler's Body Temperature For Early Effort of Febrile Seizure Prevention (International Seminar on Application for Technology of Information and Communication (iSemantic) 2019)



Fig.1. General system design.



Fig. 2. System design process.



Fig. 6. Mechanical Slave Hardware

Fig. 7. Mechanical Hardware Hardware

Figure 8. Home menu.

Fig. 9. Realtime Graph.

22:23

seeme

22:23

Temperature

37.22°C

Max Temperature

37.22°C

GRAPH

– Body Temperature

SCHEDULE

Sunday, 19 June 2016

🖗 0.32K/s 🗆 💷 3 H+ ___ 50%

Status

SETTING

Kritis

PROFILE

AT-Mo: Wireless Data Collection System For Physiology Monitoring of Athlete (International Electronics Symposium (IES) 2019)

Fig. 2. System Design

Fig 4. E-Health Sensor Platform

Fig 3. Pulse Oximetry Sensor

Fig. 7. Implementasi Pulse Oximetry

Fig. 10. Visualization of Data Thingspeak EEPIS Wireless Sensor Network (EWSN) Research Group

Design and Development of Portable Spirometer (IEEE International Conference on Consumer Electronics – Taiwan (ICCE-TW), May 2018, Taiwan)

Figure 1. General system design

Clinical diagnosis of Chronic Obstructive Pulmonary Disease (COPD).

	DAILY RE	SULT			SUMMARY	
			Jul 18 2016			
Shine.	Men	Piet .	wes.	184	P (1	6.0
37		19	20	21	22	23
	-		~			
FEV1 Predict Diagnosis COPD Ra Sending	diction ion te Status	2.83 Liter 103.71 % Not COPD				

Figure 2. Mobile monitoring result

Building Platform Application Big Sensor Data for e-Health Wireless Body Area Network (International Electronics Symposium (IES), September 2016)

Figure 1. System Design

Figure 2. Overall architecture of EepisCure.

Figure 6. Pulse Data Sensor in Pie Chart

Table 1. Hive	and MySQL Tab	le Comparison			Load Data Per	formance		
	LOAD DATA	50 4	time(s)		Loud Data i ci	Tormanee		
Data Size	Hive	MySQL	1800				1	
100 Mb	9 sec	47 sec	1600 —				/	
400 Mb	74 sec	249 sec	1400 —					
800 Mb	257 sec	1042 sec	1200					
1.2Gb	182 sec	1881 sec	800			/		
(COUNT DATA		600		/			
Data Size	Hive	MySQL	400					
100 Mb	7 sec	1 sec	200					
400 Mb	17 sec	6 sec	U	100mb	400mb	800mb	1.2gb	size
800 Mb	22 sec	13 sec	8			Mysol		
1.2Gb	27 sec	21 sec			THE .			

Figure 10. Load Data Performance

Portable Electrocardiogram sensor monitoring system Based On Body Area Network

(2016 International Conference on Consumer Electronics-Taiwan)

• GOAL:

heartbeat using electrocardiogram (ECG) sensor, Raspberry
 Pi, mini singleboard computer.

Fig 1. System Architecture of Portable ECG

Fig 3. Real-time ECG graphic.

Fig 4. ECG graphic web report.

Fig 2. The assembled system using acrylic box.

Implementation of Blood Glucose Levels Monitoring System Based on Wireless Body Area Network

(2016 International Conference on Consumer Electronics-Taiwan)

- glucometer sensor monitoring, arduino uno board, and zigbee module.

Fig. 1. System Design

Monitoring System of Patient Position Based On Wireless Body Area Sensor Network

(2016 International Conference on Consumer Electronics-Taiwan)

PA	TENT	POSI	TION	MONI	IOR
ew Patient Patient C	Data Patient Position				
Name					
Address					
Gender	Male Femele				
Disease Status	•	Add New Desease			
Forbidden Position	Supine Prone Right lateral decubitus Left lateral decubitus Sit/stand				
Time Limit	In Second				
	(The second sec				

Input New Patient

PATIEN	FPOSITION	MONITOR
Record	Current Patient Position	Forbidden Patient Position
18.8:50 Prone position 18.8:51 Prone position 18.8:52 Prone position 18.8:53 Prone position 18.8:54 Prone position 18.8:55 Prone position 18.8:59 Prone position 18.8:59 Prone position 18.9:10 Prone position 18.9:1 Prone position 18.9:2 Prone position 18.9:3 Prone position 18.9:5 Prone position 18.9:5 Prone position 18.9:6 Prone position 18.9:7 Prone position	Prone	Posisi pasien saat sini salah
29 : Imam • Port COM15	Start Stop	

Forbidden Patient Position Notification

Mobile Monitoring of Muscular Strain Sensor Based on Wireless Body Area Network

(2015 International Electronics Symposium (IES))

- GOAL:
 - Muscle strain sensor Electromyogram (EMG) monitoring
 - Help doctor or health workers in monitoring patients, athletes and sportsmen in using the Electromyogram EMG to be easilyaccessible and can be carried anywhere.

With EMG Monitor, you can check anytime and anywhere

Home Menu

Main Menu

iere

Monitor Menu

Graph View Menu

History Menu

Wireless Body Area Network for Monitoring Body Temperature, Heart Beat and Oxygen in Blood (2015 International Seminar on Intelligent Technology and Its Applications (ISITIA))

Server Monitoring, Body Control Unit, Body Sensor Unit

Ma	in	Grafik Suhi	Grafik Pul	seoxi		_		-	0
1	Dete	a User						-	-
	Nam	18			- 6	Tami	bah	Tes	Koneksi DB
١	Alan	nat PEN	IS			Hap	pan	Libi	at Data DB
ï	E-H	lealth Sett	ng		_	-			_
	Port	e-Health:	COM21	*	Refresh	Port			Start
	Bau	dRate :	9600	-	Device		e1	-	Store
i	102						Hasil P	embacaa	n
f.	102		_				Hasil P	embacaa	n
1	105	Device	Suhu	Bpm	Spo2	1	Hasil P ehealth Temper	embacaa device : e1 ature : 40.2	n 6
1	105	Device e1	Suhu 39.77	Bpm 87	Spo2 98	î	Hasil P ehealth Temper Bpm : 83	embacaa device : e1 ature : 40.2 3	6
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Data Received By Server Monitoring

System Architecture of WBAN

Result	t T	ab	le

	10 meter	20 meter	30 meter	40 meter	50 meter
1 st trial	24 packet	24 packet	24 packet	16 packet	14 packet
	data	data	data	data	data
2 nd trial	24 packet	23 packet	18 packet	24 packet	9 packet
	data	data	data	data	data
3 th trial	24 packet	24 packet	22 packet	24 packet	11 packet
	data	data	data	data	data
4 th trial	24 packet	24 packet	20 packet	18 packet	14 packet
	data	data	data	data	data
5 th trial	24 packet	23 packet	24 packet	20 packet	13 packet
	data	data	data	data	data
Average	24 packet data	24 packet data	22 packet	20 packet	12 packet

Distance vs. the Average Number of Received Packet

Implementation of Energy Efficiency Based on Time Scheduling to Improve Network Lifetime in Wireless Body Area Network (WBAN) (EMITTER International Journal of Engineering Technology 2015)

Figure 2. PAN Coordinator system with Xbee 802.15.4 series pro 2

Figure 11. Energy consumption for non CSP,DCM, and CSP in scenario 1

Implementation of Body Temperature and Pulseoximeter Sensors for Wireless Body Area Network (Sensors and Materials, International Journal on Sensor Technology, 2015)

Fig. 1. (Color online) System design architecture.

Serial COM12 - Arduino Mega 2560	Serial COM37 - Arduino Uno
Temperature (???C): 37.04 Temperature (???C): 36.98 Temperature (???C): 36.98 Temperature (???C): 36.98 Temperature (???C): 36.98 Temperature (???C): 36.98 Temperature (???C): 37.01 Temperature (???C): 36.98	PRbpm : 56 %SPo2 : 98 PRbpm : 56 %SPo2 : 98 PRbpm : 56 %SPo2 : 98 PRbpm : 56 %SPo2 : 98
Connect Dtr Clear Reconnect	I Connect I Dtr I Clear I∕ Reconnect

Fig. 2 (left). (Color online) E-health sensor device. Fig. 3 (right). Body temperature sensor output.

	rafik Suhu	Grafik Puls	eoxi		
Data	User				Tes Kesslei DD
Nama	Septia	an Dwi Utor	mo	Tan	nbah Tes Koneksi DB
Alama	t Surab	abaya Barat		Ha	pus Lihat Data DB
E-He	alth Settin	9			
Port e	Health :	COM7	•	Device :	✓ Start
BaudF	Rate :	9600	-		Stop
Hasil	record				Hasil Pembacaan
	Device	Suhu	Bpm	Spo2	Temperature :
*					

Fig. 4. (Color online) Main application.

Health Web Report	Home	/iew Data Suhu	View Data PulseOximeter	About
Suhu				
View Data				
Nama	Dijekarin	bero	-	
Periode :			S/d	
Subn	lit			

Fig. 5 (left). (Color online) Console version output. Fig. 6 (right). (Color online) Graph output.

30.55
30.58
30.5
30.58
30.63
30.68
30.65
30.47
30.47
30.58